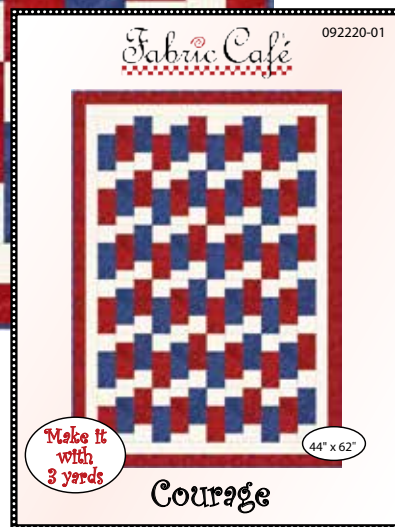
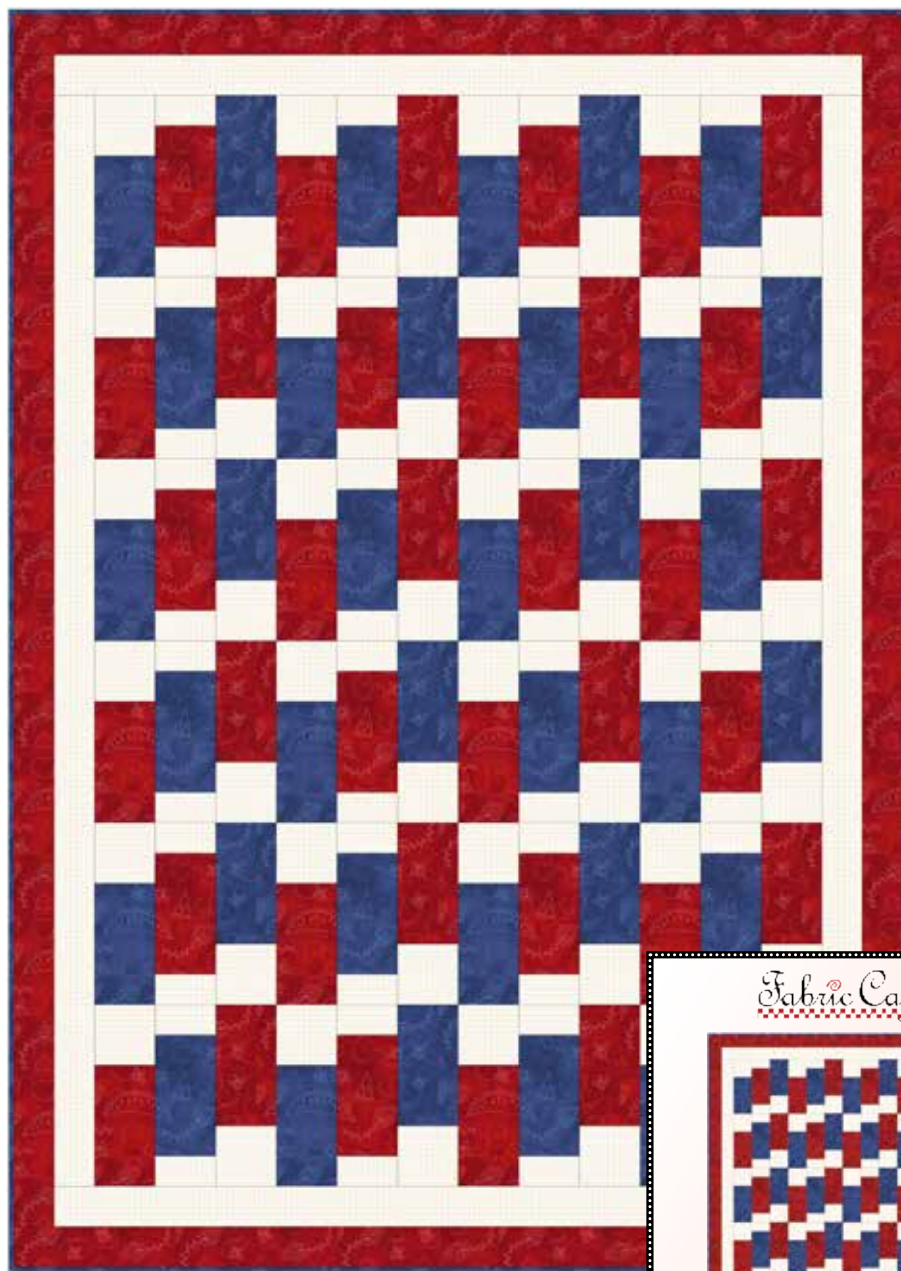


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# Courage



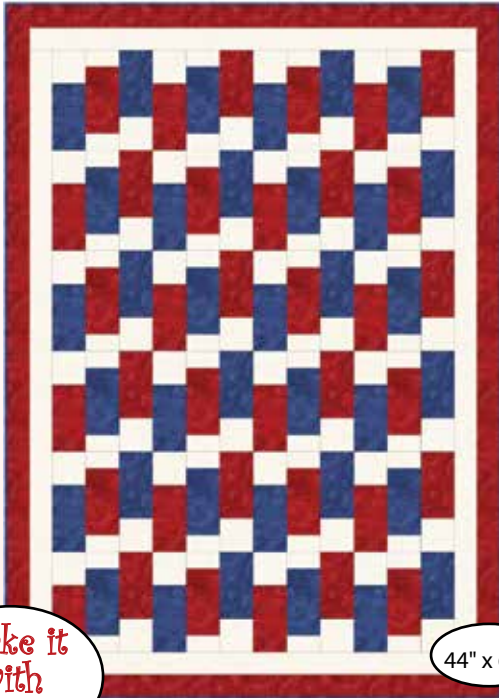


*A personal letter:  
From  
Donna Robertson,  
owner and designer  
for Fabric Cafe*

Thank you for your purchase! I hope you will enjoy making your new quilt. I think you will find the instructions easy to follow and that the end results of your new quilt will be to your satisfaction. Should you have any questions or need my assistance, please don't hesitate to contact me at [welisten@fabriccafe.com](mailto:welisten@fabriccafe.com) or call me toll-free 866-855-0998

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*Donna Robertson*



Make it  
with  
3 yards

44" x 62"

## Courage

## Courage

### Materials List

#### Quilt Top

- 3 coordinating fabrics of 3, 1 yard cuts

#### Backing Fabric

- 3 yards of fabric

#### Other Materials

- Twin-size batting
- Sewing thread to match fabric



This is an economy quilt designed to efficiently utilize 44" wide fabric. A single fold binding is used. An additional 1/2 yard of fabric is needed for a double fold binding. Binding Tutorial available at fabriccafe.com.

Printed in the USA





# Courage

Designed by Donna Robertson  
**Finished Size 44" x 62"**

**Note:** WOF means "width of fabric." Seam allowance is 1/4" throughout. This quilt is intended as an economy quilt designed to utilize 44" wide fabric most efficiently. If you choose to prewash fabrics, overcast raw edges to avoid loss of fabric through raveling. We use a single fold binding. Tutorial available at [fabriccafe.com](http://fabriccafe.com). If double fold binding is preferred, an additional 1/2 yard of fabric is needed.

## Cutting Instructions

### From Fabric #1:

\* Cut 2, 6 1/2" x WOF for **Strip Assembly "A"**

\* Cut 1, 6 1/2" x WOF for **Strip Assembly "B"**

\* Cut 5, 2 1/2" x WOF for border #2

### From Fabric #2:

\* Cut 2, 3 1/2" x WOF for **Strip Assembly "A"**

\* Cut 2, 2" x WOF for **Strip Assembly "B"**

\* Cut 2, 3 1/2" x WOF for **Strip Assembly "C"**

\* Cut 2, 2" x WOF for **Strip Assembly "D"**

\* Cut 5, 2 1/2" x WOF for border #1

### From Fabric #3:

\* Cut 2, 6 1/2" x WOF for **Strip Assembly "C"**

\* Cut 1, 6 1/2" x WOF for **Strip Assembly "D"**

\* Cut 6, 1 1/4" x WOF for binding

### From Backing Fabric:

\* Cut 2, 54" x WOF

## Step 1: Unit "A" & "B"

Referring to **Strip Assembly "A"** diagram, using one fabric #1, 6 1/2" x WOF strip and one fabric #2, 3 1/2" x WOF strip, sew together on long edges. Repeat making 2 assemblies. Cut into 24, 3 1/2" x 9 1/2" **Unit "A"**. Referring to **Strip Assembly "B"** diagram, using

one fabric #1, 6 1/2" x WOF strip and 2 fabric #2, 2" x WOF strips, sew together on long edges as shown. Cut into 12, 3 1/2" x 9 1/2" **Unit "B"**.

## Step 2: Unit "C" & "D"

Referring to **Strip Assembly "C"** diagram, using one fabric #3, 6 1/2" x WOF strip and one fabric #2, 3 1/2" x WOF strip, sew together on long edges. Repeat making 2 assemblies. Cut into 24, 3 1/2" x 9 1/2" **Unit "C"**. Referring to **Strip Assembly "D"** diagram, using one fabric #3, 6 1/2" x WOF strip and 2 fabric #2, 2" x WOF strips, sew together on long edges as shown. Cut into 12, 3 1/2" x 9 1/2" **Unit "D"**.

## Step 3: Block "A" & "B"

### Assembly

Referring to **Block "A"** **Assembly** diagram, using one **Unit "B"** and 2 **Unit "C"**, sew together as shown. Repeat making 12, 9 1/2" x 9 1/2" **Block "A"**. Referring to **Block "B"** **Assembly** diagram, using one **Unit "D"** and 2 **Unit "A"**, sew together as shown. Repeat making 12, 9 1/2" x 9 1/2" **Block "B"**.

## Step 4: Quilt Assembly

Referring to **Quilt Assembly** diagram, alternating **Blocks "A"** and **"B"** as shown, assemble 6 rows of 4 blocks each.

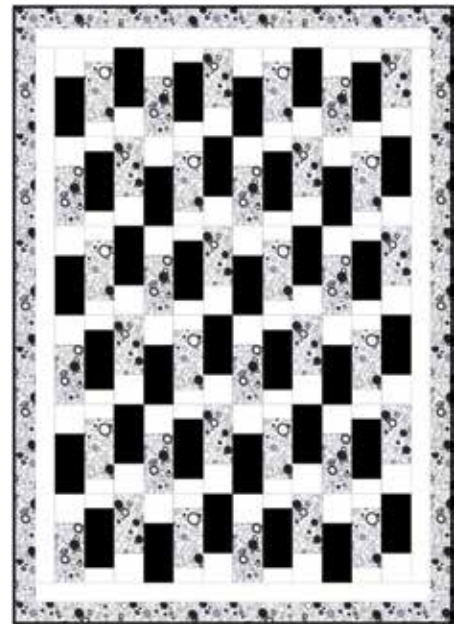
## Step 5: Borders

For border #1, using fabric #2, 2 1/2" x WOF border strips, sew together end to end. Sew strip to each side of quilt; trim even with top and bottom. Using remainder of strip, sew to top and bottom; trim even with sides. For border #2, repeat using fabric #1, 2 1/2" x WOF border strips.

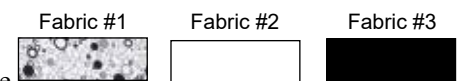
## Step 6: Backing & Binding

Sew backing fabric together along trimmed selvage edges; press. Layer top, batting and backing together; quilt as desired. For binding, using fabric #3, 1 1/4" x WOF binding strips, sew strips together end to end. Press in half with wrong sides together; press one raw edge to center fold. Place right side of binding to front side of quilt. Using a scant 1/4", sew unpressed edge of binding to quilt, mitering corners. Fold to back and hand stitch in place.

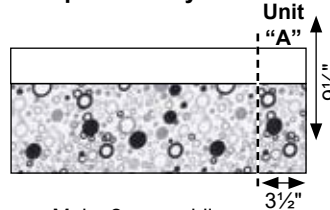
## Quilt Assembly



### Fabric Selection Guide



### Strip Assembly "A"



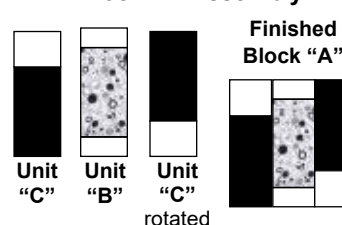
Make 2 assemblies.  
 Cut 24, 3 1/2" x 9 1/2" **Unit "A"**

### Strip Assembly "C"



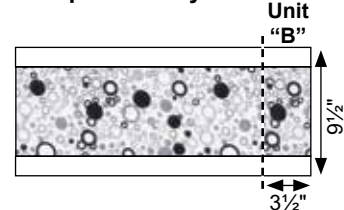
Make 2 assemblies.  
 Cut 24, 3 1/2" x 9 1/2" **Unit "C"**

### Block "A" Assembly



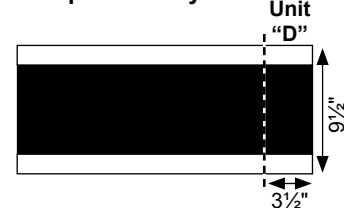
Make 12, 9 1/2" x 9 1/2" **Block "A"**

### Strip Assembly "B"



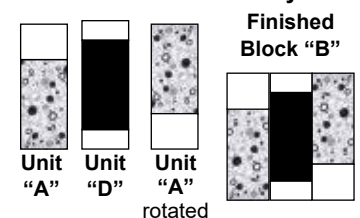
Make one assembly.  
 Cut 12, 3 1/2" x 9 1/2" **Unit "B"**

### Strip Assembly "D"



Make one assembly.  
 Cut 12, 3 1/2" x 9 1/2" **Unit "D"**

### Block "B" Assembly



Make 12, 9 1/2" x 9 1/2" **Block "B"**



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